

PHYSIOTHERAPY IN THE WORKPLACE

Chartered Physiotherapists are trained specialists in the study of human movement. Physiotherapists working in the field of Occupational Health & Safety have additional expertise in human movement at work, its effect on the musculoskeletal system and with disorders attributed to the physical working environment.

Along with clinical practice and the treatment of work related injuries, Chartered Physiotherapists have an important role to play in the following areas: education and training, manual and patient handling instruction, ergonomic considerations, health promotion and general fitness, health and safety, risk assessment, work hardening, functional capacity evaluation and pre-employment screening

Chartered Physiotherapists with an interest in occupational health can : -

- Promote the positive health of the worker in the workplace
- Prevent work related injuries
- Carry out ergonomic assessment
- Treat and rehabilitate work related injuries.
- Liaise with the Safety Officer in the workplace
- Carry out risk assessments as required
- Provide Handling Courses to employees
- Organise and / or assist in Handling Courses for Instructors
- Provide legal reports
- Act as an Expert Witness

[LINK HERE TO THE “ARE YOU FIT FOR THE OFFICE?” LEAFLET](#)